

# TFCO Consultants, Inc.

## Treatment Foster Care Oregon



Treatment Foster Care Oregon is an alternative to institutional, residential, and group care placements for children and youth with severe emotional and behavioral disorders.

### What Distinguishes TFCO from other Treatment Foster Care Models?

- We serve one child at a time in carefully selected, trained, and supported foster homes.
- The TFCO model is based on Social Learning Theory.
- Services are individualized for each youth and their aftercare family based on needs and progress.
- The typical placement tenure is from six months to one year.
- Each TFCO foster home is surrounded by a dedicated clinical team.
- Interventions are delivered simultaneously across all settings.



- This multi-discipline approach has been tested in rigorous studies with youth referred from juvenile justice, child welfare, and mental health systems.
- Eight randomized trials and numerous studies have provided evidence of the feasibility and effectiveness of TFCO.
- Results showed that TFCO was not only feasible, but compared to alternative residential treatment models, the cost of TFCO was substantially lower resulting in savings for both systems and taxpayers.

### TFCO Research Conclusions

- Prevent or reduce the number of days in institutional or residential settings.
- Prevent the escalation of delinquency, youth violence, and pregnancy.
- Increase positive academic engagement.
- Reduce placement disruptions.
- Increase attachment.
- Improve brain stress regulatory systems.

For a list of peer-reviewed publications about the effectiveness of TFCO, please visit our website [www.tfcOregon.com](http://www.tfcOregon.com).



12 Shelton McMurphey Blvd.  
Eugene, OR 97401

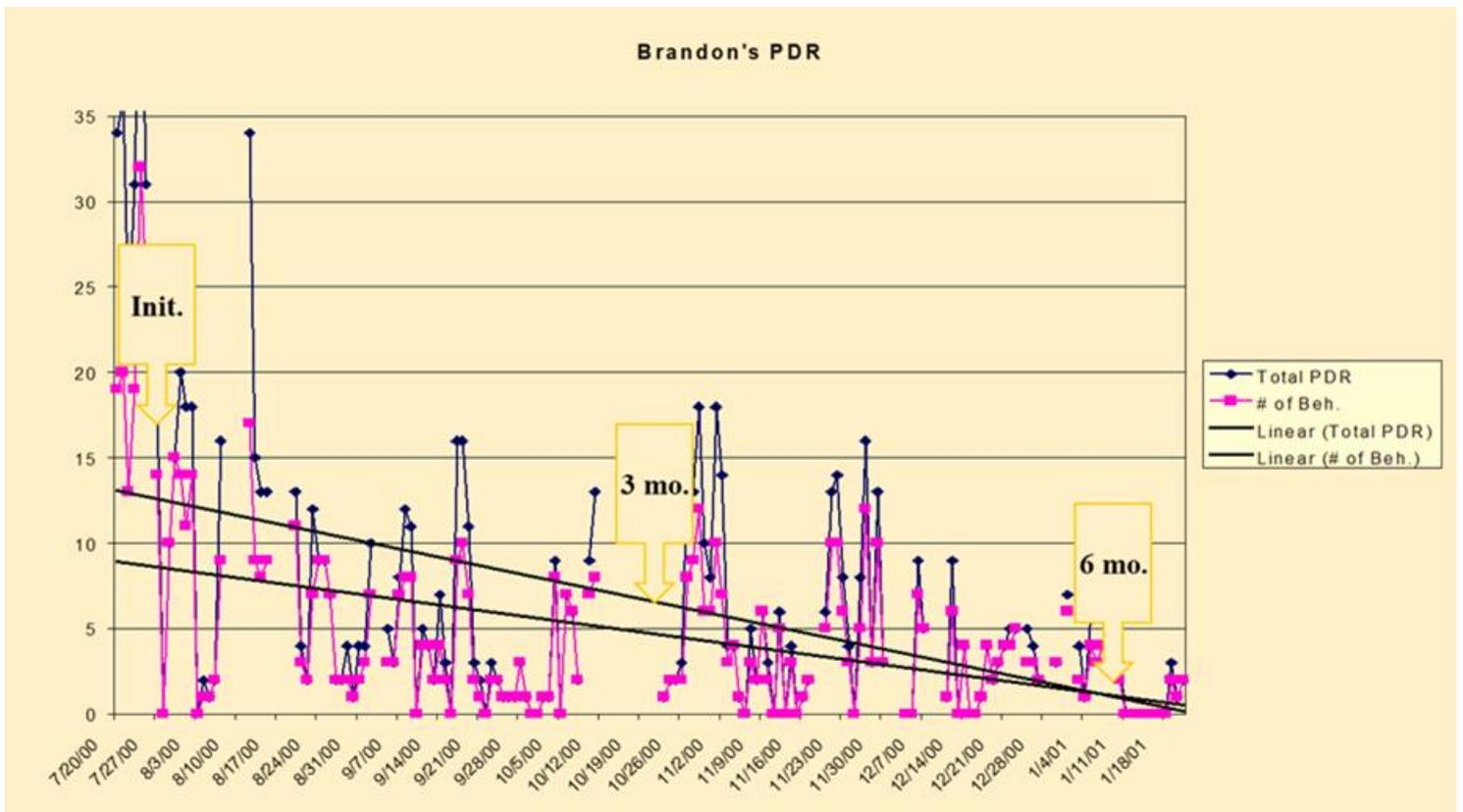
John Aarons, M.S.  
541-343-2388  
johna@tfcOregon.com



# PARENT DAILY REPORT

- PDR® is a daily parent self-report measure of child problem behaviors and emotions, and associated parent stress.
- PDR data is used by the TFCO clinical team leader to guide and individualize treatment planning.

## Sample PDR® Information



This graph shows youth problem behaviors and foster parent stress over the course of treatment. This youth initially displays a high number of problem behaviors, and foster parent stress, which both decline over time. The goal of TFCO is to reduce the frequency and intensity of behaviors associated with placement disruptions as well as minimizing the negative impact on the treatment home.